

## Simple LED Console Display

LED console display is easily nagivated by users at all experience levels



## Contralateral Motion

Contralateral action with tapered, dual action handlebars mimics the body's true movement and proper fit.



#### Suspension Design

Our patented suspension design is free of wheels and tracks, eliminating friction and resulting in the smoothest, most efficient motion possible.



FEATURES	
Stride length	21"
Contact & telemetric HR sensors	Yes
Cushioned footpads	Yes
Q-factor	2.5"
Handelbar design	Multi-position dual action and ergo-bend stationary
Thumb switch controls	Yes

RESISTANCE SYSTEM	
Technology	Brushless generator
Power requirements	Self powered - powered 100v-240v - 50/60Hz AC
Minimum watts	5 Powered / 21 Self-Powered
Minimum RPM	10 powered / 25 self-powered

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ONSOLE	
Display type	14-seg alphanumeric, 8x16 LED graphic display
Display feedback	Time, distance (kilometers or miles), calories, speed, heart rate, METs, watts, RPM, profile
User-defined multi-language display	No (English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish)
Resistance levels	25
Workouts	Manual, rolling, intervals, fat burn, random, fit test, target HR, constant watts
CSAFE, FitLinxx™ Professional Certified	Yes
On-the-fly program change	Yes
FitTouch™ Technology	No
Integrated Vista Clear™ digital ready television	No
FITCONNEXION™ ready	Yes
Virtual Active compatible	No
WiFi	No
iPod® compatible	No
Compatible with Nike + iPod for the Gym	No
Personal fan	No
USB Workout Tracking	Yes

TECH SPECS	
Overall dimensions	70"L X 29"W X 68.5"H / 1780 X 742 X 1740mm"
Maximum user weight	400lbs / 182kg
Weight	398lbs / 181kg
Shipping weight	425lbs / 193.5kg
Electrical requirements	Self-powered/AC optional

WARRANTY		
Frame	7 years	
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Drive motor	5 years	
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Parts & labor	3 years CAP	

"Made for iPod" means that an electronic accessory has been designed to connect specifically to iPod and has been certified by the developer to meet Apple performance standards.

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# Removable Disk

All Matrix Ascent Trainers® and Suspension Ellipticals feature a removable disk for quick access and easy serviceability.



## Constant Rate of Acceleration

Constant Rate of Acceleration and our patented Suspension design deliver a perpetually smooth motion, free of wheels and tracks.



**Low Step-on Height**Pedals are positioned lower to the ground, allowing users to easily step on and off the product.